

Smile as you untangle yourself ...



...from being stuck in any situation.

**ENROLL YOURSELF IN A LIFE CHANGING BASIC LEVEL
TRAINING + PROFESSIONAL COACHING 4 HRS PROGRAMME
BOOK NOW !!!**

Call your ICF Credential Coach

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" Calling Success is making professional coaching sustainable for all"



**Results Trained Coach
NeuroLeadership
INSTITUTE**





GETTING UNSTUCK

Basic Level Programme



Calling Success

INTRODUCTION

The power packed programme has been designed to help you understand and learn various concepts from the fields of neurosciences and emotional intelligence for enhanced collaborating and influence on others.

You will be in a position to apply learnings in your personal and professional life to solve problems. You will develop not only leadership but power skills as well .

The programme will benefit professionals desiring to get unstuck from

- 1.Recurrent conflicts
- 2.An unresolved delimma
- 3.Uncertanity in making a decision
- 4.Non productive communications
- 5.Saying yes to everything
- 6.Adopting a change
- 7.Unhealthy behaviour/habit/work life balance
- 8.A unique situation/circumstances

PROGRAMME STRUCTURE

The programme is divided in to 3 parts

Part 1 - Training Session lasts for 90 mins.

Part 2 - 1 to 1 Coaching session lasts for 90 mins which support you in implementing your learning in your real life situation.

Part 3 - 1 to 1 Follow up Coaching session lasts for 60 mins which supports you in handling the concerns you face while implementing your learning in real

GETTING UNSTUCK EMPOWERS YOU WITH

2X Boost in Self-Confidence.

Greater confidence will support you in creating new success stories for this challenging today.

3X Increase in Communications Skills.

This will reduce the number misunderstandings happening due to ineffective communications and will improve your relationships along with influence on others

2X Reduction in Stress Levels.

Lower stress levels will maximise your motivation, productivity and health. This makes you feel more powerfull as you gain back control over your life. You will find your self, collaborating frequently with others as well.

Skills of Getting Unstuck from any Situation.

You will create a positive change in your life by improving your thinking. With a new perception you will be in a position to move forward and get your self unstuck from any situation